

October 2021 - June 2022

#ENGLISH NETWORK OF PARENTS



WOULD YOU LIKE TO LEARN A KIND AND FIRM WAY OF PARENTING YOUR TEENAGER?

If the answer is yes! Join the STELD English Network of Parents on the second Wednesday night of every month on Zoom.

WHAT IS THIS ALL ABOUT?

Through the network you will share feelings, support each other, discuss situations that you don't feel well-equipped to handle, and develop skills to educate your child from a humane, respectful, compassionate and safe parenting style.

WHAT WILL YOU LEARN?

- Why teenagers act the way they do
- What Positive Discipline is
- How your communication style and your behaviour impacts on your teenager's behaviour

WHO CAN ATTEND?

The network welcomes parents, guardians and family members involved in teenagers' education who want an effective, respectful and compassionate approach to adolescence.



PROGRAMME



- **October, 13 -**

What a Network of Parents is and how it works - Free Intro Class

- **November, 10 -**

What to expect when you have a teenager at home

- **January 12 -**

Is it possible to raise a teenager without punishment or rewards? All about Positive Discipline

- **February 9 -**

What is your parenting style?

- **March 9 -**

How to talk so your teenager will listen and how to listen so your teenager will talk

- **June, 8 -**

Teaching life Skills - Preparing teenagers for the future

WHAT DO YOU NEED TO JOIN?

Just a device with a working camera and microphone -a desktop or laptop will give you freedom to see that screen and chat messages- and preferably a quiet space where you feel safe to interact and reflect with the group.



COST PER 1 HR SESSION (INCL. VAT):

Free Intro Class
Session 2 - 6:

45 € per person
60 € per couple
85 € per family

Time:

20:00 - 21:00 hrs (CET)



To join our Network, you can scan the QR code below and follow the instructions or send us an email at info@steld.nl

